emerge brighter
eforea spa at Hilton Orlando is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.
head & face
Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

shoulder, neck & scalp
Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

feet
Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

enhancement
Each enhancement is 25 minutes long. Just ask! $70 each if booked separately or book with another service for $60.
PHYTOMER has been transforming the sea into skin care for nearly 50 years. Exclusive, high-quality products are produced by the world-renowned laboratories in Saint-Malo, France. It was the first brand to bring the virtues of the sea to modern skincare. Genuine respect for the environment and scientific breakthroughs allow unique products and treatments to be delivered to the most prestigious spas worldwide.
face

**Vitamin C Corrective Facial**
50 MIN $135
Vitamin C, peptides, and antioxidants help combat congested pores, unbalanced skin, and environmental damage leaving your complexion fresh and renewed.

**Organic Hydrating Facial**
50 MIN $135
80 MIN $210
Organic Mangosteen, Bamboo, and Guava; loaded with antioxidants, vitamins and proteins are used in this facial to increase elasticity and hydration for healthier and younger looking skin.

**Sensitive Skin Facial**
50 MIN $135
Soothe your sensitive skin while minimizing inflammation and redness. This facial strengthens capillaries, reduces puffiness and improves texture.

**Anti-Aging O2 Facial**
50 MIN $135
Using a high concentration of enzymatic botanicals infused with oxygen, this anti-aging facial will leave skin renewed and refreshed. Included is the innovative NUFACE lifting experience leaving skin with renewed energy.

**Iluma Brightening Facial**
50 MIN $135
Lighten, Brighten And Illuminate your skin! Using plant cell extracts, lightening peptides and powerful exfoliants to target hyperpigmentation such as dark spots and sun damage.

massage

**Hot Stone Massage**
50 MIN $135
80 MIN $210
Combines the therapeutic quality of stones with the relaxation of massage to rejuvenate your body while relaxing your mind.

**Custom Massage**
50 MIN $130
80 MIN $195
Customized for your particular needs, using light to medium pressure to help you unwind and promote relaxation.

**Deep Tissue Massage**
50 MIN $145
80 MIN $220
A customized deep tissue massage using specific techniques to alleviate sore muscles, aches and pain.

**Reflexology Massage**
25 MIN $80
Choose your hands or the feet, and enjoy the benefits of focusing on pressure points to enhance circulation and natural healing.

body

**Phytemer Oligomer Spa Scrub & Massage**
80 MIN $210
Relax into a full body exfoliation, massage, and scalp treatment utilizing the powerful minerals in seawater. This holistic approach addresses every aspect of well-being. You will emerge fully rebalanced.

**Phytemer Sea Holistic Massage with Remineralizing Wrap**
80 MIN $210
Seduces the senses and impart exquisitely silky skin. Inhale the fragrant lavender-filled bundles that are used for a Thai-inspired massage followed by a cocoon of seawater gel that relieves of fatigue, stress and low energy.
**massage**

**Himalayan Salt Stone Hot and Cold Contrast Therapy**
80 MIN $220
This therapeutic massage combines the heat of the salt stones soothing inflamed muscles and joints, contrasting with the cold stones to improve circulation and reduce inflammation.

**Bamboo Massage**
50 MIN $145
Our Heated Bamboo massage will infuse warmth, elongate muscles, and detoxify tissues for deep relief and relaxation.

**Localized Body Detox**
50 MIN $140
Release tension and stress while soaking up minerals that increase metabolism, facilitate the release of excess water and flush toxins from the body.

**Sea Escape**
100 MIN $220
Fully immerse yourself from head to toe in the benefits of the sea. Skin emerges brightened and energized with a massaging facial treatment and full body massage.

**body**

**Revitalizing Hydrating Wrap**
50 MIN $100
After a day in the hot Florida sun, recover with this revitalizing treatment. A velvety mask will soothe, hydrate and tone for a healthier complexion.

**Seawater Crystal Body Scrub**
30 MIN $75
A moisturizing exfoliating treatment using freeze-fried seawater granules will revives even the thirstiest skin. This treatment leaves the body fully moisturized and silky smooth.
escape

journey

An innovative driven skincare brand combining science and nature to provide you with powerful elements To Age Later. By blending vitamin C, plant stem cells and botanical brightening actives to complete your skin diet. Image Skincare’s approach provides wellness and harmony to the skin to bring forth your own natural beauty. Based In Florida, we are a global brand and collaborate with elite spas and resorts worldwide to provide a sophisticated experience of quality and results in a relaxing serene atmosphere.
CANCELLATION POLICY
Please notify us at least twenty-four (24) hours in advance to reschedule or cancel your appointment to avoid being charged 100% of your service fee. Spa services are booked separately from hotel reservations and must be changed or canceled separately from a room reservation. A credit card or hotel confirmation number is required to hold your reservation at the time of booking your service.

SERVICE CHARGE
Florida State Sales Tax and a 20% service charge will be automatically added to your service upon check out. 17% will be applied to your service provider as gratuity. 3% is kept by the spa to cover discretionary and administrative costs. Additional gratuities are at your discretion.

ARRIVAL & APPOINTMENT TIME
We recommend arriving 30 minutes prior to your spa appointment and 10 minutes prior to your salon appointment. Late arrivals could result in reduced service time or canceled completely. Cancellation policy applies.

MINIMUM AGE
Minimum age is 16 for all spa treatments. This applies to all spa days, spa breaks or utilization of the locker room facilities. All guests under 18 must be accompanied by an adult. Please speak to an eforea spa representative regarding select services designed for younger spa guests.

SPA ATTIRE & ETIQUETTE
Upon arrival to eforea spa, we will provide you with a robe, towel and sandals and you will gain access to our spa facilities that include lockers, bathrooms, showers, steam room, lounge and treatment rooms. For eforea salon appointments, robes and access to the facilities will be provided upon request only. We recommend that you do not bring jewelry or other valuables. eforea spa will not be responsible for lost or stolen items or valuables. Cell phones are not permitted within the spa, and if brought in, we request that they be silenced or powered down and are put away for safe keeping in your locker.

FITNESS & SPA FACILITY USE
The fitness center and the eforea spa are separate facilities. We ask that you check-in at the eforea spa desk before accessing the fitness center, spa or salon. Access to the fitness center after hours can be obtained with your room key. Access fees may apply. eforea spa facilities are for spa guests only. Day passes are available to utilize eforea spa facilities (fees apply). You must be 18 or accompanied by someone 18 or older to use the fitness center. Flip flops or open-toed shoes are not permitted in the fitness center.

GROUP AND WELLNESS EVENTS
The eforea spa and fitness team would love to coordinate your spa group or wellness event. We can facilitate spa groups, cabana spa parties, and wellness events including but not limited to mini-spa services, chair massages, yoga, boot camp, 5K fun runs and fitness classes. Please call or email us with inquiries.

GIFT CERTIFICATES
Our team is delighted to assist you in purchasing the perfect gift. eforea spa gift vouchers can be ordered by telephone or in person.

HOURS OF OPERATION & PARKING
Fitness center: 24/7
eforea spa: Monday - Saturday 9:00am - 8:00pm
Sunday 9:00am-5:00pm
*Hours of operation subject to change.

NON-HOTEL GUEST PARKING:
Non-hotel guests receiving spa service will enjoy complimentary self-parking. We will provide you with a validation card at check-in upon your request.