



MENU & PRICING

Monday-Saturday 9am-8pm
Sunday 9am-5pm
Subject to seasonal change

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Neroli, the essential oil that comes from the orange blossom, is rejuvenating, toning, calming, refreshing, soothing and promotes cell renewal. It is naturally anti-inflammatory, anti-bacterial, and anti-fungal. It is recommended for the treatment of sensitive or delicate skin, although it is appropriate for all skin types. It is also well known for its ability to soothe anxiety and uplift depression. Welcome to The Spa at Hilton Orlando, where we celebrate the zest of Florida in our Neroli based products, treatments, and services. Our offerings enable you to rest, relax, rejuvenate, restore, and refresh. Before or after your service, enjoy an infusion of moisture-rich eucalyptus in our state-of-the-art steam room or simply sit back, hydrate, and comfortably lounge while having a Neroli foot bath in our relaxation room. The Spa provides a comprehensive menu and environment that offers guests comfort, luxury and repose. To extend your progress in personal wellness at home, visit our Spa Boutique where you'll find products by Kerstin Florian.

The Spa at Hilton Orlando. Enter to restore... Stay to refresh.

Facials

Signature Neroli Antioxidant Facial

Neroli, from the bitter orange blossom is known for its rehydrating, rejuvenating and spirit uplifting benefits. This oxygenating, anti-aging facial is based on the delicate white flower and antioxidant ingredients to combat premature aging, disrupt hyperpigmentation and provide skin with a healthy glow. Facial includes a rejuvenating moisture masque, an exclusive pure Vitamin C Ampoule, AcuLift Massage technique, hydrating hand treatment and scalp massage, as well as a luxurious foot massage.

80 minutes \$190.00

ReFresh Deep Cleansing Facial

A customized purifying treatment for any skin type which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleansing masque and botanical extracts to rejuvenate and nourish the skin. A heated hand treatment and foot massage completes this experience.

50 minutes \$120.00

Skin Rescue Facial

This ultimate sensitive skin facial corrects, rebuilds, and protects skin affected by various environmental elements, skin conditions, and aggressive medical peels or laser treatments. Utilizing natural Correcting Skincare products, this facial includes a unique alginate peel off masque to calm inflammation and uniquely nourish and heal each sensitive skin condition. A pampering foot massage is also included. A personalized home program is recommended to continue the aesthetic correction. 80 minute service includes the pro-peel.

50 minutes \$140.00

80 minutes \$190.00

Gentlemen's Facial

A deep cleansing, therapeutic facial designed specifically for the special skin care needs of men. Relaxes the skin as it refines pores. Includes a luxurious massage and deep cleansing masque. Specifically addresses sensitivity and razor burn.

50 minutes \$120.00

ReFresh Gentlemen's Deluxe Facial

Begin full body relaxation with lavender infused warm towels, a remineralizing Moor Mud back application and luxurious back massage. Following, experience the deep cleansing, therapeutic Gentlemen's Facial. Specifically addresses sensitivity and razor burn, stress reduction and/or back acne.

80 minutes \$190.00

"Me Time" Facial ~

A deep cleansing introductory facial based on organic Moor Mud, which refines and remineralizes dull, lifeless skin. Includes a skin analysis and short massage of the face and shoulders, as well as a heated hand treatment.

30 minutes \$75

Please ask about our seasonal special facials!

***Any facial may be performed as a back facial if requested!**

Spa Facial Enhancements

Take your spa experience to a new level and enjoy the benefits of one of our signature facial enhancement upgrades.

Vitamin C Ampoule

This antioxidant treatment, which improves the quality and appearance of the skin, strengthens skin elasticity and helps prevent premature aging caused by UV exposure.

\$30.00

Cell Vitale Ampoule

The perfect skin rescue remedy. Repair and restore skin with this intensive treatment infusion. Super hydrating sodium hyaluronate, soy protein, caviar and rose deeply hydrate and leave skin glowing.

\$30.00

Couperose Ampoule

Gentle anti-inflammatory botanicals are synergistically combined to create this anti-redness serum that cools, calms and leaves the skin feeling velvety soft. Benefits fragile capillaries.

\$30.00

Intensive Repair Ampoule

A healing and soothing treatment for cell rejuvenation. Lending elasticity and firmness to skin tissue, this treatment achieves a visibly smoother and more youthful appearance.

\$30.00

Chitosan Masque with Chamomile

This super soothing alginate peel-off masque hydrates, calms and reduces the appearance of redness. Dramatically improves skin texture, tone and color. Recommended for calming and healing the skin. Also soothes irritated or sensitive skin.

\$30.00

ReFresh Eye Rescue

This intensive eye treatment is designed to diminish fine lines and wrinkles up to 27%. Improves dark circles, puffiness, and improves clarity for a brighter, more luminescent eye area.

\$30.00

Pro Peel*

This remarkable exfoliation treatment helps to refine skin texture, minimize the appearance of fine lines and encourage a balanced skin tone. Promotes a youthful glow! *Included in the 80 min. Skin Rescue Facial

\$45.00

Massages

Our massages combine sense of smell with touch using essential oils to balance and restore your energy. Your therapist will assist you in making an intuitive choice of essential oil for your massage experience.

Swedish Massage*

Customized for your individual needs, this therapeutic fluid massage increases circulation and relaxes tight, tense muscles.

30 minutes \$75

50 minutes \$120

80 minutes \$190

Deep Tissue Massage*

Using deep concentrated pressure, this massage focuses on knots, chronic tension pain and tightness. Tailored to fit your needs, the massage leaves your body feeling balanced and relieved.

50 minutes \$130

80 minutes \$200

Neroli Signature Stone Massage

Our signature stone treatment combines the properties of massage with the therapeutic qualities of stones. It's stimulating and detoxifying effects makes it beneficial as well as relaxing. Because of the heat of the stones, muscle pain is immediately relieved by stimulating continuous blood circulation. The cold stones awaken your body, allowing you to invite healing.

80 minutes \$190

Maternity Massage

Our "Mom's To Be" full-body massage is designed to safely ease the effects of your growing body on our specially designed maternity pillows. It works to sooth aching muscles and ease tension so both you and the baby can relax and rejuvenate.

50 minutes \$120

ReFresh Signature Massage*

We invite you to enjoy an unsurpassed level of relaxation in this enhanced classic Swedish massage. Begin with an invigorating eucalyptus foot bath. Choose from four organic aromatherapy oil blends. Enjoy mists of pure Neroli water, warm lavender compresses and a luxurious foot and neck massage with rosemary, pine and lavender essences.

50 minutes \$130

80 minutes \$200

Couples Massage

Enjoy the benefits of experiencing your relaxation alongside that special someone in our private couple's suite made just for two. Each massage is customized for your individual needs. Ask us about enhanced couple's packages.

50 minutes \$130

80 minutes \$200

***50 and 80 minute services may be performed in a pool side cabana or in-room for an additional \$25.00 fee**

Body Therapies

Kerstin Florian has brought the great healing traditions of Europe and transformed traditional therapies into relaxing, restorative treatments for today's discriminating spa clientele. Natural healing resources are featured in all experiences.

Lavender Dreams Ultimate Experience

Relax. Let us take you on a journey through lavender fields kissed by the sun that envelop your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of wild lavender in this completely uplifting and rejuvenating spa experience which includes a two step invigorating full body scrub, a warm wrap, and a full body massage.

80 minutes \$220

Herbal Ritual

This ritual begins with a two step, gentle body exfoliation utilizing granulated pumice stone in a creme-base followed by a loofah scrub with Chamomile Shower/Bath Gel. Next, the body is immersed in one of the following therapeutic herbal baths of choice. Culminate with organic lavender oil massage.

Eucalyptus – Benefits respiratory system, colds

Chamomile – Benefits skin, promotes restful sleep

Wild Flowers – Overall wellness bath, benefits women

80 minutes \$220

Thalasso Ritual

Using an all-natural, live Spirulina Algae, this seaweed treatment imparts essential vitamins, minerals and protein to nourish and revitalize the body. The effect is further enhanced by a mineral-rich seaweed bath and luxurious organic lavender oil massage. Very effective when used as part of a slimming or nourishing program.

80 minutes \$220

Hydrating Wrap

The perfect hydrating treatment for dry, sun exposed skin. Pure algae blended with Aloe Vera is warmed and applied with essential oils of choice to create this fast absorbing therapy which soothes the body. The guest will enjoy a luxurious scalp, foot and hand massage.

50 minutes \$150

Maternity Body Treatment

For expectant mothers, this blissful treatment delivers relaxation and much needed pampering. A gentle body exfoliation with a Chamomile body scrub is followed by a luxurious maternity massage with organic oil specifically designed for mothers-to-be.

80 minutes \$200

Body Polish

Using either a sugar or salt based scrub this service is a quick way to a new you. We recommend this full body scrub for every change of season to renew and invigorate the skin. Your skin will feel soft and rehydrated. Great for men and women.

30 Minutes \$75; as an add-on to any spa service \$55

Manicures & Pedicures

ReFresh Manicure

Intensive therapy for dry, parched hands. An exfoliating sweet almond and sea salt treatment, which gently polishes skin, followed by a moisturizing massage, and hydrating Paraffin wax. Finished with a fresh coat of polish, or a buffed shine for men.

45 minutes \$35

ReFresh Raw Earth Pedicure

A “super hydrating”, aromatherapeutic pedicure packed with vitamins and minerals to promote beautiful, healthy looking feet. Feet are cleansed with a fizzing mineral soak, followed by a warm sugar scrub to gently exfoliate and smooth the skin. A moisturizing volcanic clay foot masque deeply hydrates and prepares you for a relaxing foot and calf massage. Finished off with polish or a buffed shine for men.

50 minutes \$50

Peninsula Paradise Spa Manicure

This deluxe citrus “facial for the hands” is the ultimate renewal treatment. An intense 2-step citric acid exfoliation, and paraffin bath will rejuvenate, deeply hydrate and help restore skin to a more youthful appearance. Topped off with an essential oil-infused Ceramide and Vitamin hand and arm massage.

Finish with a perfect polish of the nails, or buffed shine for men.

50 minutes \$55

Peninsula Paradise Spa Pedicure

The ultimate in pedicures! Begin with a luxurious, marine inspired facial for the feet, which features a 4-step exfoliation process of beach sand, quartz crystals, sea salt and alpha-hydroxy acid. Next, a rejuvenating marine algae foot masque is applied using award winning Cucumber Heel Therapy to relieve dry, cracked heels. Finish with a pampering foot and calf massage and a perfect polish of the nails, or buffed shine.

80 minutes \$80

Peppermint Callus Remedy

For clients that require some extra TLC. Abused feet are brought back to life in a refreshing Eucalyptus and Tea Tree oil bath, and then exfoliated with an invigorating Peppermint scrub. Calluses are gently smoothed away with an intensive 20% lactic acid serum and remedied with a dose of cucumber therapy cream. Shins, calves and feet are massaged with a refreshing, mint cooling gel. Cuticles are replenished, and nails are polished, or buffed to shine.

50 minutes \$75

Cooling & Rejuvenating Pedicure

The answer to hot, achy swollen feet. Perfect for pregnant clients.

50 minutes \$65

Shellac Manicure

Resilient and instantly dry, goes on like polish dries like gel.

75 Minutes \$60

Shellac Pedicure

Using our raw earth products for the service and finishing with Shellac polish Guarantees your feet to be flip flop fabulous and stay that way.

90 Minutes \$70

Shellac polish only, hands or feet

45 minutes \$40

Add French to any Manicure or pedicure

\$8

Polish Change

\$15

Frequently Asked Questions

Facility Fees

If you would like to relax in the privacy of the spa, utilize the steam room and locker room, but choose not to experience a service, a day pass is offered.

Fitness Facility

Guests of the hotel that are 18 and older are invited to utilize the Fitness facility. Our Fitness Center offers state-of-the-art Precor Cardio equipment, strength training and free weights. All Precor stations are outfitted with individual flat screen LCD cardio theater units for personal viewing. Passes are available for purchase at the spa reception desk.

Special considerations

Should you have special considerations or concerns, please notify our Spa Reservationists before booking your treatments. You should let us know if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are pregnant or using Retin A, Accutane or Renova. If you have any concern at all, please let us know. If at any time during your services you experience discomfort, please alert your therapist immediately.

Arrival Time

For your enhanced comfort and relaxation, we suggest that you arrive 30 minutes prior to your scheduled treatment. This will allow you to unwind, complete necessary paper work, and physically and mentally relax for your treatment. For an ideal experience book our 20-minute signature Neroli foot soak prior to any service.

Appointment Time

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.

Cancellation policy

If you must reschedule or cancel your appointment, please notify us twenty-four (24) hours before your scheduled treatment to avoid being charged the full service fee. Cancellations of packages or private parties require a 72-hour notice. A credit card number is required at the time of booking for all treatments.

Parking

Self parking is free for non-hotel guests when receiving a spa service.

Service Charge

An 18% service charge will be automatically added to your spa services when you are checking out. 15% of your service charge will be applied to your therapist. Additional gratuities are at your discretion. We accept all major credit cards. For your convenience, payment is also accepted prior to your treatments, upon request.

Waiting List

In the event that your requested date or provider is not available, we offer a waiting list to accommodate you in the event of a cancellation.

Groups

The Hilton Orlando is happy to coordinate your group event. We can provide you with treatment ideas, timing and costs. For groups of four or more, ask to speak to our Spa Group Sales Coordinator. Group rates may apply.

Consideration for you and for others

This is your time and we want you to relax to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomforts or preferences. We require that cell phones and pagers be turned off and remain in your locker while visiting the spa.

Gift Cards

You may purchase Spa Gift Cards for a specific dollar amount or for particular services. Spa packages were created with gift giving in mind and create the perfect combination of treatments. Gift Cards can be used towards services or towards purchases in our Spa Boutique.

Children

As a courtesy to other spa guests, children are not permitted in spa treatment areas or left unattended in the Reception area. Children 16 and under must be accompanied by an adult while visiting the spa.

What to wear during your treatments

Most body treatments are enjoyed without clothing; however, please wear whatever is comfortable for you. Disposable undergarments are available to you if you feel more comfortable. During all treatments, the body is draped, except for the area being worked on. Guest's will be provided robes and slippers upon arrival.

Choosing treatment or treatments

Our Spa reservationist will help you plan the perfect spa experience, including the best order for your treatments or consideration of a spa package or gift card.

Shaving for men and women prior to treatments

Shaving is recommended but not necessary for men prior to a facial. If you do choose to shave prior to your facial, be sure to do so at least two hours prior to your scheduled appointment. Shaving for women is not recommended prior to any body treatments or hair removal services.

Pregnant Guests

While there are a few services that should be avoided during pregnancy, there are many beneficial treatments that can be enjoyed. Please notify our Spa Reservationists if you are pregnant when you make your appointments so that they may offer guidance.

Jewelry and Valuables

We ask that you don't bring jewelry or other valuables to the spa or store them in your spa locker. The Hilton Orlando will not be responsible for lost or stolen personal items or valuables.

Food and Beverage Service

The spa will offer several varieties of infused waters, juices, teas and fruit bowls for a quick pick me up. Wine, champagne or special order dessert trays may be ordered in advance. All dining services are offered in our hotel restaurants.

Alcohol Beverage Service

Alcoholic beverages may not be consumed prior to any spa service, including the use of our steam rooms. Alcohol is not permitted due to an increased health risk when using heat, having a body treatment that releases toxins into the blood stream, or increases circulation. The spa maintains a two alcoholic drink maximum, which should only be enjoyed after your services.

History of Florida and the Orange Blossom

At the end of the 17th century Anne Marie Orsini, Duchess of Bracciano and princess of Nerola, introduced the essence of the bitter orange tree as a fashionable fragrance by using it to perfume her gloves and her bath. The name Neroli has since been used to describe this essence which is a refreshing, distinctive aroma with sweet and flowery notes.

La Florida, Spanish for Flowery, covered with flowers, or abounding in flowers, was named by Ponce de Leon in 1512! Florida became known as the "Land of Flowers". Florida is home to many native types of flora and fauna, but the most inspiring is the state flower of Florida, the "Orange Blossom" which was designated by legislature in 1909.

The Orange Blossom (the botanical name is Citrus Sinensis) was adopted by a Concurrent Resolution of the Florida state legislature on May 5, 1909. The resolution said, in part: "Whereas, the State of Florida is universally known as the 'Land of Flowers'; therefore, Be it Resolved by the House of Representatives, the Senate Concurring: That the Orange Blossom be, and the same is hereby chosen and designated as the State Flower in and for the State of Florida."

Orange Blossoms are gathered, usually by hand, in late April to early May. The produced by water dison, as the blossom is too fragile to endure steam. It is well known for its ability to soothe anxiety and uplift depression. Honeybees Blossom from Florida state flower which is a popular treat!

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